

ANTIOXIDANT AND RELATING BIOLOGICAL ACTIVITIES OF FLAVONOIDS EXTRACTED FROM SEED HUSK OF Tamarindus indica Linn.

PUKSIRI SINCHAIYAKIT

A Thesis Submitted to the Graduate School of Naresuan University
in Partial Fulfillment of the Requirements
for the Doctor of Philosophy Degree in Biological Science
May 2011

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This thesis entitled "Antioxidant and relating biological activities of flavonoids extracted from seed husk of *Tamarindus indica* Linn." submitted by Puksiri Sinchaiyakit in partial fulfillment of the requirements for the Doctor of Philosophy Degree in Biological Science is hereby approved.

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Title

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ACTIVITIES OF FLAVONOIDS EXTRACTED FROM

SEED HUSK OF Tamarindus indica Linn.

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**ABSTRACT** 

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Free radicals from endogenous and exogenous sources have demonstrated to be implicated in many diseases. Flavonoids, which have high antioxidant activity, are attractive and increasingly receiving interest as nutritional compounds suitable for promoting human health. In the present study, it was aimed to investigate the chemistry of antioxidant flavonoids in tamarind (*Tamarind indica* Linn.) seed husk (TaSH) and their antioxidant activities and biological functions.

The TaSH extract with acetone/water (7:3, v/v), called TA, has potent antioxidant activity by scavenging free radicals, inhibiting free radical formation, enhancing autoxidation of ferrous ion and chelating ferric ion. TA was characterized by qualitative chemical tests, TLC, HPLC, UV and IR spectrophotometry.

The small molecular weight phenolic compounds (aTAQ) including flavonoids in TA prepared by fractionating with acetone using silica gel quick column chromatography could prevent hemolysis induced by hydrogen peroxide ( $H_2O_2$ ). The protective effects of aTAQ on erythrocytes were by inhibiting the reactive oxygen species generation, methemoglogin formation, and decrease in glutathione level, which were caused by  $H_2O_2$ . aTAQ, also protected the plasmid DNA damage induced by both  $H_2O_2$  and ferrous ion (Fe<sup>2+</sup>) in both single-strand and double-strand breakage.

Very high content (more than 39%) of polymeric proanthocyanidins in TaSH was confirmed. And the crude ethanolic extract of TaSH (TE) with high content of polymeric proanthocyanidins, about 94%, was prepared from TaSH by one pot extraction using ethanol/water (3:2, v/v) at 60 °C. This extraction method will be a very useful method for manufacturing the polymeric proanthocyanidins products.

The crude TE was further purified with Sephadex LH20 to give the fraction called aTES. From the structural analysis of aTES, the main compounds in TaSH were found to belong to condensed tannins (polymeric proanthocyanidins). The condensed tannins in TaSH did not contain a galloyl group. The ratio of procyanidins to prodelphinidins was 2:3, and the average degree of polymerization of aTES was 7. The antioxidant activities using DPPH and ABTS assays were investigated. The IC<sub>50</sub> values of aTES were  $4.2\pm0.2$  (DPPH assay) and  $6.2\pm0.3$  µg/mL (ABTS assay).

It is concluded that the antioxidative flavonoids highly contained in tamarind seed husk were chemically proved to be polymeric proanthocyanidins. Their antioxidant activities and biological functions are closely comparable with those of grape seed extract especially in the prevention of hemolysis of red blood cells and the protection of DNA oxidative breakage induced by  $H_2O_2$ . Therefore, TaSH should be used as an alternative source for proanthocyanidins and could be further developed for a diet supplement as the same as grape seed extract.

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#### ABBREVIATION

AAPH = 2,2'-azobis (2-amidinopropane) hydrochloride

a.u. = Arbitrary units

Abs = Absorbance

ABTS = 2,2'-azino-bis(3-ethylbenzthiazoline-6-sulphonic acid)

BHT = Butylated hydroxyl toluene

°C = Degree of Celsius

DCFDA = 2',7'-dichlorofluorescein diacetate

DCFH = dichlorofluorescin

DTNB = 5.5'-dithiobis (2-nitrobenzoic acid)

DPPH = 1,1-diphenyl-2-picrylhydrazyl radicals

DMEM = Dulbecco's modified Eaggle's medium

DMSO = Dimethyl sulphoxide

DNA = Deoxyribonucleic acid

ETC = Electron transport chain

Fe = Iron

g = Gram

G-6-PD = Glucose-6-phosphate dehydrogenase

GS = Lung cancer cells line

GSE = Grape seed extract from Akopharma

GE = Crude extract from grape seed by ethanol/water (3:2, v/v)

aGES = Acetone fraction of GE by Sephadex LH20 column

chromatography.

GO = Glucose oxidase

GSH = Reduced glutathione

GSHPX = Glutathione peroxidase

GSSG = Glutatione disulfide (oxidized form)

Hb = Hemoglobin

#### **ABBREVIATION (CONT.)**

HEPES = (N-[2-hydroxyethyl]pirerazine-N'-[2-ethanesulfonic acid])

HPLC = High performance liquid chromatography

HT-22 = The mouse hippocampal ganglion cells

 $IC_{50}$  = The half maximal inhibitory concentration

IR = Infrared

KS = Leukemia cells line

LDH = Lactate dehydrogenase

 $\mu g = Microgram$ 

M = Molar

MDA = Malondialdehyde

metMb = Metmyoglobin

metHb = Methemoglobin

mg = Milligram

min = Minute

ml = Milliliter

mM = Millimolar

MTT = 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl tetrazolium bromide

NADH = Nicotinamide adenine dinucleotide (reduced form)

NADP<sup>+</sup> = Nicotinamide adenine dinucleotide phosphate

NADPH = Nicotinamide adenine dinucleotide phosphate (reduced form)

nd = Not detected

ND = Not determined

nm = Nanometer

NMR = Nuclear magnetic resonance

NO = Nitric oxide

OD = Optical density

ON = Oxidation number of oxygen

#### **ABBREVIATION (CONT.)**

OPC = Oligomeric proanthocyanidins

PBS = Phosphate buffer saline

PA = Proanthocyanidins

PC = Procyanidins

PD = Prodelphinidins

PRPs = Salivary proline-rich protein

RBCs = Red blood cells

 $R_f$  = Retention factor

RGC-5 = Cultures of retinal ganglion cells

RCS = Reactive chlorine species

RNS = Reactive nitrogen species

ROS = Reactive oxygen species

rpm = Revolution per minute

S.E. = Standard error

sec = Second

S.D. = Standard deviation

SDS-PAGE = Sodium dodecyl sulfate polyacrylamide gel electrophoresis

SOD = Superoxide dismutase

SPSS = Statistical package for the social sciences

SSA = 5-sulfosalicylic acid solution

TBB = Tris borate buffer

TS = Tamarind seed

TaSH = Tamarind seed husk

TA = Crude extract from TaSH by acetone/water (7:3, v/v)

aTAS = Acetone fraction of TA by Sephadex LH20 column

chromatography.

#### **ABBREVIATION (CONT.)**

eTAS = Ethanol fraction of TA by Sephadex LH20 column

chromatography.

mTAS = Methanol fraction of TA by Sephadex LH20 column

chromatography.

aTAQ = Acetone fraction of TA by quick silica gel column

chromatography.

mTAQ = Methanol fraction of TA by quick silica gel column

chromatography.

TE = Crude extract from tamarind seed husk by ethanol/water (3:2,

v/v)

aTES = Acetone fraction of TE by Sephadex LH20 column

chromatography.

mTES = Methanol fraction of TE by Sephadex LH20 column

chromatography.

TBA = Thiobarbituric acid

TBARS = Thiobarbituric acid reactive substances

TBB = Tris borate buffer

TEAC = Trolox equivalent antioxidant capacity

TIFF = Tagged image file format

TLC = Thin layer chromatography

TNB = 5-thio-2-nitrobenzoic acid

UV = Ultraviolet

VIS = Visible

v/v = Volume by volume

w/v = Weight by volume