

Thawatchai Sooksai 2007: Needs of Exercise for People in Amphoe Khao Yoi Phetchaburi Province. Master of Arts (Physical Education), Major Field: Physical Education, Department of Physical Education. Thesis Advisor: Associate Professor Udorn Ratanapakdi, M.A. 79 pages.

The purposes of this research were to study and to compare needs of exercise for people in Amphoe Khao Yoi Phetchaburi Province. The study considered 4 aspects: Health promotion and physical fitness, human resource service, facilities and equipment and type of activities. The subjects consisted of 3,077 people in Amphoe Khao Yoi Phetchaburi province which were selected by proportional stratified random sampling. The questionnaires were developed by the researcher and validated by 9 experts, the reliability was .97. Data were analysed by using of percentage, mean, standard deviation and t-test.

The results were as follows:

1) Needs of exercise for people in Amphoe Khao Yoi Phetchaburi Province were at the high level for all aspects.

2) Needs of exercise for males and females in Amphoe Khao Yoi Phetchaburi Province were significantly different at the level of .05

---

Student's signature

---

Thesis Advisor's signature