

Thesis Title : WORKING OPERATION OF THE DISTRICT SPORT AND HEALTH  
PROMOTION CENTERS OF THE DEPARTMENT OF PHYSICAL  
EDUCATION IN THE EDUCATIONAL REGION 9

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### ABSTRACT

The purposes of the research were twofolds : (1) to study the operation of the district sport and health promotion centers concerning planning, sport activity organization, program evaluation, including problems and needs, and (2) to study the sport activity program and needs of the trainees.

The sample included 655 subjects, composing of 148 committee members, 110 sport trainers, and 397 sport trainees. The developed questionnaire was utilized, and the earned data were analyzed by SPSS/PC + program for finding percentage, means ( $\bar{X}$ ) and standard deviations (S.D.)

## Findings.

1. The district sport and health promotion centers fulfilled the objectives, targets and operation methods as guided by the Department of Physical Education. But there were problems on insufficient budgets and tools as needed. And it was found that :

(1) The Centers "moderately" carried on the program and there were some problems. They needed planning system organization, the clear policies, the operational planning and sport training program, including enough personnel or trainers.

(2) The Centers carried on sport activities "considerably well" and there were some problems as well. They needed separated buildings, budgets and sport materials and tools, local sport trainers and clear coordination system for avoiding duplication.

(3) The Centers ran the evaluation program fairly well and had moderate problems. They needed clear operation explanation. The follow-up and evaluation programs should be run by the administrative sport committee, the sport trainers and the trainees by setting model and clear methods for practical use.

2. The sport trainees thought that :

(1) The Centers carried on the curriculum activities that were consistent with the objectives of the project. They (sport trainees) needed two kinds of sport training by emphasizing basic skills, sporting spirit for pursuing physical exercise and good health, including opening chance for local competition.

(2) The Centers carried on teaching activities suitable with physical education guidelines. They needed one more sport (basketball). The Centers should carry on training in the primary school compound in the every evening, 3-4 days a week, including competition activities among the nearby centers. And there should be a sport club in the district.

(3) The Centers ran the follow-up and sport evaluation program as planned. They needed the sport tests and physical capacity check up. There should be an evaluation after the project ended, and the competition both within and outside the center.