

Objective: To study psychological stress, job stress, job satisfaction and job-personal life conflict of Thai physicians, study differences of attitudes towards the job between physicians in public and private organizations, and physicians in Bangkok and other provinces, and correlation between factors which affected job stress and psychological stress among Thai physicians.

Study Method: Samples were randomly taken from physicians throughout the country and in all fields by having those physicians answer self-report questionnaires. The questionnaires comprised 3 main parts; 1) population data 2) attitudes towards the job and other aspects related to the job both qualitative and quantitative, and 3) THAI GHQ-28 psychological stress test. The correlation between factors was analyzed by using path analysis.

Study Results: Thai physicians had psychological stress at 0.09 points and job stress at 4.54 points. The field with highest points of stress was surgery and the

fields with lowest points were psychiatry, ophthalmology and otolaryngology. The overall job satisfaction was at 6.28 points, and job-personal life conflict was at 5.33 points. From analyzing correlation using path analysis, it was found that the top 3 factors which affected job stress the most were job characteristics ($-.357$), organization and policy ($-.286$) and job-personal life conflict ($.202$). Factors which affected job satisfaction the most were organization and policy ($.321$) and job-personal life conflict ($-.229$). The correlation between job stress and psychological stress was quite high ($.421$). Physicians in public organizations had higher job stress and psychological stress than physicians in private organizations. Physicians in private organizations had higher job satisfaction than physicians in public organizations. Job stress and psychological stress of physicians in Bangkok and in other provinces were not different. Physicians in Bangkok had higher job satisfaction than physicians in other provinces.

Conclusions: Thai physicians had psychological stress in normal level; job stress in moderate level; job-personal life conflict in moderate level; and job satisfaction in moderate level.