

Thanita Somboon 2010: Personal Goal-Setting, Career Success, Adjustment to Retirement and Life Satisfaction of Senior Volunteers at Brain Bank in Bangkok Metropolitan and Surrounding Area. Master of Science (Community Psychology), Major Field: Community Psychology, Department of Psychology. Thesis Advisor: Associate Professor Supanee Sontirat, Ed.D. 176 pages.

The objectives of this research were of fourth folds:- 1) to study personal goal-setting, career success, adjustment to retirement and life satisfaction of senior volunteers at Brain Bank in Bangkok metropolitan and surrounding area; 2) to compare life satisfaction of senior volunteers at Brain Bank by personal factors; 3) to find out the correlation among personal goal-setting, career success, adjustment to retirement and life satisfaction of senior volunteers at Brain Bank; 4) to study predictive variables that could predict life satisfaction of senior volunteers at Brain Bank.

The samples used in the research were 332 senior volunteers at Brain Bank in Bangkok metropolitan area. (Nakhon Pathom, Nonthaburi, Pathum Thani, Samut Prakan, Samut Sakhon provinces) Data were collected by using questionnaires. The statistical methods used for analysis were percentage, mean, standard deviation, t-test, F-test, Multiple Comparison (LSD), Pearson's Product Moment Correlation Coefficient and Multiple Regression Analysis. Statistical significant was set at 0.05 level of confidence.

The results of the study were as follows:- 1) personal goal-setting, career success and adjustment to retirement of the senior volunteers at Brain Bank were at the high level and life satisfaction was at moderate level; 2) senior volunteers at Brain Bank who had different in sex, age, marriage status, level of education, career before retirement, income, period of retirement, health condition, state of residence, relationship of family did not have differences in life satisfaction; 3) personal goal-setting, career success and adjustment to retirement had positive correlation with life satisfaction which was statistically significant at 0.001; 4) career success, adjustment to retirement and personal goal-setting had been predictively efficiency to life satisfaction of senior volunteers at Brain Bank by 44.2 percent.

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Thesis Advisor's signature