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KEY WORD : SEXUALLY TRANSMITTED DISEASES/ AIDS/ LIFE SKILLS

PREECHA JAMVITELEAD : AN APPLICATION OF LIFE SKILLS IN
HEALTH EDUCATION PROGRAM TO ENHANCE THE PREVENTIVE BEHAVIOR OF
SEXUALLY TRANSMITTED DISEASES AND AIDS AMONG SECONDARY SCHOOL
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This study was designed as a quasi-experimental research, the objective was to study the effectiveness of an application of the life skills to enhance preventive behavior of STDs and AIDS among secondary school students in Bangkok

The study samples were among secondary school students comprising 46 cases as an experimental group and 41 cases as a comparative group. The health education program included the combination of lecture video tape, flip chart, group discussion, scenario and role play. The study was conducted during the second semester within a period of 12 weeks. The data were collected in 3 phases : prior to the experiment; at one week and at five weeks after the experiment. The results of the study revealed that at one week after the experiment, the experimental group had statistically significantly higher knowledge score of STDs/AIDS, attitude score towards risk behavior of sexual relationship, skill score to solve the problems related to sexual relationship, skill score to refuse risk behavior of sexual relationship, and preventive behavior score of STDs/AIDS, than before participating in the program and than the comparative group ($p < 0.001$). At five weeks after the experiment, the findings were consistent with those of the first week. Knowledge of STDs/AIDS, problem solving skill of risk behavior toward sexual relationship had relationships with preventive behavior of STDs/AIDS.

In conclusion, the research findings showed that an application of life skills in health education program effects students preventive behavior of STDs/AIDS.