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FLIGHT LIEUTENANT ORATHAI TUMGUNMA: SPOUSE SUPPORT AND HEALTH - PROMOTING BEHAVIOR IN HIGH RISK PREGNANT WOMEN. THESIS ADVISOR: KOBKUL PHANCHAROENWORAKUL, Ph.D. (NURSING), PAYOM EUSWAS. Ph.D. (NURSING), THITIMA CHAMPEERAT, M.S. (NURSING) 144 p. ISBN 974-589-248-3

The purpose of this study was to explore the relationship between spouse support and health-promoting behavior and the prediction of health-promoting behavior by some select factors in high risk pregnant women. The sample was composed of 180 high risk pregnant women who were admitted to or attended high risk clinics at Siriraj Hospital, Bhumiboladulyadej Hospital, Vachira Hospital and Rajvithi Hospital. Three questionnaires; i.e. personal data, the Spouse Support and Health-Promoting Behavior were used for data collection. Data were analyzed by using means, standard deviations, Pearson's product moment correlation coefficient and the stepwise multiple regression.

The result of the study demonstrated that most high risk pregnant women showed high scores of over all health-promoting behavior and spouse support. It was also found that there was a significantly positive correlation between spouse support and health-promoting behavior ( $r = .4772, p < .001$ ). The stepwise multiple regression revealed that 27.8 percent of variance of health-promoting behavior(HBRP) was accounted for by two significant factors; i.e., spouse support and age( $p < .001$ ).

The result of this study indicated that high risk pregnant women who received good spouse support and were older of age demonstrated proper health-promoting behavior. Thus, it is recommended for nursing practice that nurses should promote health-promoting behavior in high risk pregnant women by encouraging their husbands to provide good support to their wives. Special attention should also be placed on younger high risk pregnant group.