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NETRNAPA TINGMAI: FAMILY ROLE ADAPTATION IN MALE HYPERTENSIVE PATIENTS. THESIS ADVISOR: SAUVALUCK LEKUTAI, M.S. SUVIMOL KIMPEE, M. Ed. YOTHIN SAWANGDEE, Ph.D.(Sociology, Demography), 119 p. ISBN 974-589-945-3

The purpose of this study is to examine the family role adaptation and selected factors influencing family role adaptation in patients with hypertension. The sample consisted of 120 males age range from 27 to 55 years who visited the hypertension clinics at Siriraj Hospital, Chulalongkron Hospital, Rajvithi Hospital, Vajira Hospital and Somsajphaphinkalo Hospital. Data were collected by using the personal data, self-esteem interview form and family role adaptation interview form. Data were analysed by using percentage, arithmetic means, standard deviation, the Enter multiple regression and F- Ratio test.

The results show that family role adaptation i.e. husband role, father role, son role and sick role of male hypertensive patients was in a good level of adaptation. Self-esteem, age, years since being diagnosed and level of blood pressure were found to be predictors of family role adaptation. Approximately 25.90 percent of the variance of husband role adaptation was accounted for by self-esteem, age and years since being diagnosed; 18.77 percent of the variance of father role adaptation was accounted for by self-esteem, age and level of blood pressure; 21.67 percent of the variance of son role adaptation was accounted for by self-esteem, years since being diagnosed and level of blood pressure; and 6.47 percent of the variance of sick role adaptation was accounted for by age and level of blood pressure.

The results suggest that nurses should promote self-esteem in male patients with hypertension with consideration for their age, years since being diagnosed and level of blood pressure. Parents, wives and offsprings of male patients with hypertension should be encouraged to provide support to the patients in order to increase their self-esteem and sick role adaptation.