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RAPEEPORN PRAKOB SUP : SPOUSE SUPPORT, MOTHER' S SUPPORT  
AND HEALTH - PROMOTING BEHAVIORS IN ADOLESCENT PREGNANT WOMEN.

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Appropriate health-promoting behaviors in adolescent pregnant women bring about healthy mothers and infants. This study was to explore spouse support, mother's support, health-promoting behaviors and predict health-promoting behaviors in adolescent pregnant women by some select factors. The sample was composed of 220 adolescent pregnant women who were attended at Siriraj Hospital. Three questionnaires; i.e, personal data, the Spouse Support, Mother's Support and Health-Promoting behaviors were used for data collection. Data were analyzed by using means, standard deviations, Pearson's Product Moment Correlation coefficient and the stepwise multiple regression.

The result of the study demonstrates that most adolescent pregnant women showed high scores of overall health-promoting behavior and spouse support but rather good level of mother's support. The stepwise multiple regression revealed that 19.67 percent of variance of health-promoting behavior was accounted for by one significant factor; i.e., spouse support ( $p < .001$ )

This study suggests that nurses should promote health-promoting behavior in adolescent pregnant women by encouraging their husbands to provide good support to their wives.