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Attitudes are highly related to human behavior. Positive attitudes of health providers and consumers toward self-care will increase the efficiency of self-care promotion. This descriptive study was conducted involving with two groups of information resources including health providers and consumers group at Singburi hospital. The health providers group was composed of 17 doctors, 140 professional nurses, 78 technical nurses, and 31 practical nurses. 300 patients who were selected by using typical systematic sampling method were in the consumers group. Data were collected by using attitude test toward self-care.

The study shows that the doctors, professional nurses, and technical nurses have good attitudes toward self-care but practical nurses and consumers had moderate level. Analysis of the various factors and attitudes toward self-care of health providers shows no correlation between work duration and attitudes toward self-care of doctors, professional nurses, and technical nurses. On the other hand there is correlation between work duration and attitudes toward self-care of practical nurses. For the consumers, results show that sex, education, and income have correlation with their attitudes toward self-care. Education and income are positively correlated, however there is no correlation between age and their attitudes. This research results can be applied to support health providers in improving self-care attitude promotion and encouraging good attitudes among health providers to find the appropriate strategies for self-care promotion to reach the goal of health for all by the year 2000.