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ATTAINMENT IN FIRST-TIME MOTHERS. THESIS ADVISERS: YAOWALAK
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Maternal role attainment can enhance first-time mothers and their infants to have physical, psychosocial, and emotional well-being throughout their infants lives be good people in the future. This study was a descriptive research aimed to study the mothers' support and maternal role attainment in first-time mothers and to determine if mothers' support, age, family income, type of delivery, and infant health status have influence on determining the predictive power of maternal role attainment in first-time mothers. The sample consisted of 150 first-time mothers who lived in Satun Province during 4 to 8 weeks postpartum period while attending the postpartum clinic and the well baby clinic at Satun Hospital, Langu Hospital, Satun Municipality of Public Health Service Center. Moreover, home visits were done at the community of Kuandon District and Langu District. The data was collected in a three part questionnaire which included demographic data, mothers' support and maternal role attainment in first-time mothers. Data was analyzed by percentage, mean, standard deviation, Pearson' product moment correlation coefficient and stepwise multiple regression analysis.

The findings of this study showed that mothers' support was at a fairly good level and a good level of maternal role attainment. Multiple regression analysis revealed that mothers' support accounted for 15.2 percent of the variance of maternal role attainment.

The results suggested that nurses should encourage the first-time mothers' mothers, relatives, or close people to support the first-time mothers to establish maternal role attainment in the postpartum period.