

PARENTING STYLES AND HARDINESS OF STUDENTS OF ONE MILITARY ACADEMY

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ABSTRACT

The present study examined the relationship between parenting styles and hardiness, and examined the predictive role of parenting styles to hardiness of students in one military academy. Subjects comprised of 319 military students. The instruments for data collection were questionnaires including the parenting style rating scale and the dispositional resilience scale (DRS-15). The data were analyzed using frequency, percentage, mean and standard deviation. Pearson's correlation coefficient was used for correlation analysis. One-way ANOVA was used to compare hardiness in different styles of parenting. Lastly, stepwise multiple regression was used to analyze predicting ability of parenting styles to hardiness.

Results indicated that military students scored 27.67 in hardiness and authoritative parenting style was the top style reported used to raise military students. Interestingly, each parenting style had significantly different score in terms of indicating hardiness. The correlation test indicated that hardiness had positive correlation with authoritative parenting style ( $r=.323$ ,  $p<.01$ ), but it has inverse significant relationship with authoritarian parenting style and neglectful parenting style ( $r= -.226$  and  $r= -.278$ ,  $p<.01$ ). Predictive analysis indicated that authoritative parenting style can significantly predict hardiness (predictability = 10).

Findings from this research can also be used as a guideline to promote hardiness in people for the improvement of society.

KEY WORDS: AUTHORITATIVE /AUTHORITARIAN / PERMISSIVE /  
NEGLECTFUL / HARDINESS

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