

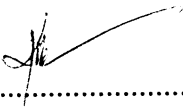
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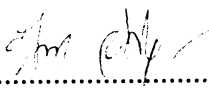
การปฏิบัติกิจกรรมการดูแลตนเองมีความสัมพันธ์ทางบวกกับภาวะสุขภาพของหญิงหลังคลอดที่มีอายุน้อย อย่างมีนัยสำคัญทางสถิติ ($r = .653, P < .001$)

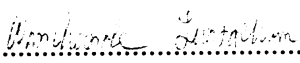
THESIS TITLE : THE RELATIONSHIPS BETWEEN SELF-CARE PRACTICE AND
HEALTH STATUS OF THE ADOLESCENT MOTHERS IN THEIR
POSTPARTUM PERIOD.

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ABSTRACT

This descriptive research aimed to explore relationship between self care practice and health status of the adolescent postpartum. The framework of this study was modified from Orem's Self-Care Deficit Theory (1991).

One hundred and twenty-one adolescent mothers who received services at the Family Planing Department of Nakhon Panom Hospital, were included as the sample population in this study. Data were gathered through interviews. Research tool of the study was a questionnaire which consisted of three main sections. They were ; demographic information, self-care practice, and health status. Content validity was examined by experts. Reliability of the questionairs was found according to the foure major parts; to be 0.87 for self-care practice, 0.89 for physical health status, 0.77 for psychological health status, and 0.89 for social health status. Data were then analysed using percentage, means, standard deviation and Pearson's Product Moment Correlation Coefficient. Results indicated that there was statistically significant positive correlation between self-care practice and health status, as at 0.653 (when $P < .001$).