

**Thesis title:** The Effects of using a Distance Training Package on the Development of Psychological Counseling Skills for Teachers of Bangkok Vocational School

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### Abstract

The objectives of this research were (1) to study the effects of a distance training package on the Development of Psychological Counseling Skills for teachers of Bangkok Vocational School; and (2) to test the efficiency of the distance training package on the Development of Psychological Counseling Skills for teachers of Bangkok Vocational School based on the 80/80 efficiency criterion.

The research sample consisted of 39 teachers purposively selected from the population of 81 teachers of Bangkok Vocational School in academic year 2013. The employed research instruments were (1) a distance training package on the Development of Psychological Counseling Skills for teachers of Bangkok Vocational School; and (2) a test on psychological counseling skills, with 0.90 reliability coefficient. Statistics used for data analysis were the mean, standard deviation, E1/E2 efficiency index, and t-test.

The findings of this research were (1) after using the distance training package on the Development of Psychological Counseling Skills, the teachers of Bangkok Vocational School had increased their psychological counseling skills to be higher at the .01 significance level; and (2) the three units of the distance training package on the Development of Psychological Counseling Skills for teachers of Bangkok Vocational School were efficient at 91.1/98.66, 84.4/90.66 and 87.89/85.87 respectively, thus meeting the 80/80 efficiency criterion.

**Keywords:** Distance training package, Psychological Counseling Skill, Bangkok Vocational School