

Thesis title: Factors Affecting the Stress in Work Performance of Instructors in Princess of Naradhiwas University

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Abstract

The objectives of this research was to (1) explore level of the work factors influenced to the instructors in Princess of Naradhiwas University (2) explore the level stress for working of instructors in Princess of Naradhiwas University (3) compare the factors influenced with the work stress of instructors in Princess of Naradhiwas University which individual factor of identification and (4) explore the correlation for the work in stress factors of instructors in Princess of Naradhiwas University.

A sample in this study was covered 175 instructors in Princess of Naradhiwas University in 2013 of academic year. Simple Random Sampling and questionnaire of factors influenced to the work stress of the instructors in Princess of Naradhiwas University were used as instrument. The validity and reliability values was indicated at the level .91. t-test, Pearson's Correlation Coefficient, One-way ANOVA and Scheffe's average comparison test were used for data analysis.

The result was found that (1) all working stress factors of instruments in Princess of Naradhiwas University demonstrated at the moderate level (2) the stress condition of instruments in Princess of Naradhiwas University presented at the low level (3) no difference of the influenced factors of gender, age, marital status, salary, academic position, academic status and work life. It also shown statistically significant difference at the level of .5 for academic level, instituted, class level, subjects quatity and academic workload influenced to the working stress and (4) positive correlation for the factors of working responsibility and correlation with the leader, corroborate at the level of .05. Also, it was presented the statistically significant at the level of 0.05 for the correlation of inside and outside environments. Moreover, it was shown the positive relation at the statistically significant at the level of .01 between the leader and inside and outside environments.

Keywords: Factor, Stress, Working, Instructor