

ABSTRACT

The objectives of this research were as follows: 1) to evaluate life quality of Mahamakut Buddhist University students 2) to study the trend of life quality development of Mahamakut Buddhist University students by using Pahukaradhamma principle 3) to compare the trend of life quality development of Mahamakut Buddhist University students by using Pahukaradhamma principle with different genders, ages and classes of academic year and 4) to suggest about problems and solutions concerning with life quality development of Mahamakut Buddhist University students by using Pahukaradhamma principle. This was the survey research. The sampling group was the 372 students. The instruments were questionnaires checked by specialists and then tested. The data were analyzed by frequency, percentage, mean, standard deviation and inferential statistics: T-test and One-Way ANOVA.

The results of research were found that evaluation of the students' life quality was on a high level and the trend of life quality development by using Pahukaradhamma principle was on mostly every time level in the whole view of 4 aspects. Having considered each aspect sorted by the highest average to the lowest one, it was found that the aspect of the highest average was the 3rd aspect: Attasammapaniti being on a mostly every time level. The lower one was the 4th aspect: Puppekatapunyata being on a mostly every time level and the aspect of the lowest average was the 2nd aspect: Sappurisapassaya being on a mostly every time level respectively. The results of hypothesis testing were found that the students with different genders had no difference of the trend of life quality development by using Pahukaradhamma principle in the whole view of the 4 aspects. But other students with different ages and classes of academic year had difference of the trend of life quality development by using Pahukaradhamma principle in the whole view of the 4 aspects with the statistical significance at 0.05. The students had suggestions and solutions concerning with the life quality development by using Pahukaradhamma principle: 1) Patirupatesavasa— those littered in public places along rivers, canals and roads, therefore, those should be raised awareness of cleanliness and reduce amount of garbage 2) Sappurisapassaya - those did not meet with the worthy man, therefore, there should be activities between the worthy man and students 3) Attasammapaniti – those spent wastefully – bought unnecessary items, therefore, those should save out of money, think before spending and be able to manage money for good life 4) Puppekatapunyata— someone did good deeds so that they would be praised by society, therefore, those should be recommended attitude adjustment “to do good deeds for good results”, not to pay attention whether the society will praise or not and 5) other idea – should take into account of the manners of coexistence in society, for example, not to disturb neighbors by noise, not to leave pets like dogs to excrete droppings in front of other people's houses.

Keywords: 1. life quality development 2. Mahamakut Buddhist University students 3. Pahukaradhamma principle