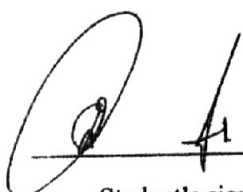


Tawan Kongcharoenkhet 2006: Study on Health-Related Physical Fitness of the Lower Secondary Students in Chomsurangphatham School. Master of Arts (Physical Education), Major Field: Physical Education, Department of Physical Education. Thesis Advisor: Mr. Dejsak Chansawas, M.B.S. 130 pages.
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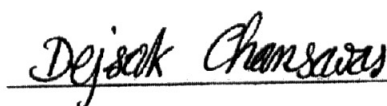
The purpose of this research was studied Study on health-related physical fitness of the lower Secondary, Chomsurangphatham School

The samples for the research were 600 students in Matthayom 1, 2 and 3 Chomsurangphatham School Ayutthaya Province during study in the second semester academic year 2005. The samples were normally random. The instrument used for researching was body composition Health-Related Physical Fitness Test of The Ministry of Health consist of 8 items; 50 meter sprints, standing broad jump, hand grip, 30 seconds sit-up, flexed arm hang, shuttle run, distance run, trunk forward flexion. The data were analyzed by using mean, standard deviation and percent.

The results of Study on health-related physical fitness for the lower Secondary, Chomsurangphatham School were in fair level.



Student's signature



Thesis Advisor's signature

25, 05, 2006