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BEHAVIORS / GRADE SIX STUDENTS

NARISARA PINVANICH : THE DEVELOPMENT OF A LIFE SKILLS

PROGRAM TO PREVENT AIDS RISK BEHAVIORS AMONG GRADE SIX STUDENTS.

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This study was quasi – experimental research to assess the effectiveness of the development of a life skills program to prevent AIDS risk behaviors among grade six students.

The life skills concepts were developed by the World Health Organization and the Department of Health , Ministry of Public Health. The life skills curriculum was composed of six lesson plans based on activities. The acquisition of life skills is based on learning through active participation.

The study samples comprised of 147 students. There were 74 students in the experimental group and 73 in the comparison group. The experimental group was required to enroll in the six life skill lessons. Data was collected three times : before the experiment ; after the experiment ,and four weeks after the experiment. Data were collected through self- administered questionnaires and an AIDS risk prevention behavior record from December 1999 to February 2000. Statistical analysis was done by using percentage, mean, standard deviation, paired t- test and student's t - test.

The results of the research revealed that after the experiment, the experimental group' s self-awareness, communication and refusal skills and AIDS risk prevention behaviors were statistically and significantly increased. Thus, it is recommended that this program should be applied to grade six students in other schools to prevent AIDS risk behaviors.