

Thesis Title A Survey About the Factors influencing Continuation
 of Antihypertensive Treatment in a Hospital in
 Thailand

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ABSTRACT

Discontinuation of the treatment is one of the recognized factors preventing effective control of hypertension. Factors influencing discontinuation of antihypertensive treatment were therefore, attempted to find by a comparative study.

69 continuous and 34 discontinuous patients were interviewed at Out Patient Department in the Royal Irrigation Hospital. Variables that were significantly related to discontinuation were, female sex, single marital status, low education, low income, lack of information, and lack of understanding the necessity of the treatment. Through the study, high reliance on the doctor was observed in both groups of the patients.

Special attention to the people of low socio-economic status, and setting up follow-up system might improve the condition in controlling hypertension. Then, it might prevent unnecessary death and tragedy by discontinuation of the treatment.