

Thesis Title            Comparison of the E-test to Agar Dilution  
                                 Susceptibility Technique and Antimicrobial  
                                 Susceptibility of *Neisseria gonorrhoeae*

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Date of Graduation    26 December B.E. 2537 (1994)

#### ABSTRACT

Antimicrobial susceptibility testing of *Neisseria gonorrhoeae* is essential for surveillance purpose and is a guide in selection of effective drug for the therapy. The widely used method for routine susceptibility testing of *N. gonorrhoeae* is the agar diffusion technique, that is a qualitative method while the reference MIC determination is the agar dilution technique. However, agar dilution is not appropriate in routine used and has several disadvantages in practice. The E-test, a new in vitro susceptibility technique that has several advantages over the conventional methods, was used in comparison with the NCCLS reference agar dilution method for determining susceptibility of *N.gonorrhoeae* on Modified New York City agar. In 49 strains of *N. gonorrhoeae* including 23 penicillinase-producing strains (PPNG) and 26 non penicillinase-producing strains (nonPPNG), the E-test gave agreement within  $\pm 1 \log_2$  dilution of 93%, 93.8% and 93.4% for PPNG, nonPPNG and both groups, respectively. The Pearson correlation coefficients were 0.70, 0.88 and 0.80 when

tested with PPNG, nonPPNG and both groups, respectively. Moreover, the E-test MIC results were not significantly different from the reference agar dilution MIC results ( $P > 0.05$ ).

In addition, susceptibility testings of 200 *N. gonorrhoeae* isolated from patients at Bangrak Hospital during January to April, 1993 were studied against 6 antimicrobial agents. Sixty-nine (34.5%) of 200 strains were PPNG. All isolates were susceptible to aztreonam, ceftriaxone and ciprofloxacin. Decreasing susceptibility to cefoxitin was found in 5% of isolates. High prevalence of resistant was found with penicillin G and kanamycin of 48.5% and 9%, respectively. PPNG isolates were more significantly resistant to penicillin G ( $P < 0.001$ ) and ciprofloxacin ( $P < 0.01$ ) than nonPPNG but less significantly resistant to aztreonam ( $P < 0.001$ ), cefoxitin ( $P < 0.002$ ) and ceftriaxone ( $P < 0.001$ ). There was no significant difference resistant to kanamycin between PPNG isolates and nonPPNG isolates ( $P > 0.05$ ). The drugs in beta-lactam group, *N. gonorrhoeae* were significantly more resistant to penicillin G than aztreonam ( $P < 0.001$ ) and were significantly more resistant to cefoxitin than ceftriaxone ( $P < 0.001$ ). In non beta-lactam group, they were significantly more resistant to kanamycin than ciprofloxacin ( $P < 0.001$ ).

The E-test results were as reliable as the results obtained by the reference NCCLS agar dilution method. Thus, the E-test represents a potential alternative method for antimicrobial susceptibility testing of *N. gonorrhoeae*. Antimicrobial susceptibility pattern of *N. gonorrhoeae* is changed from previous studies. Aztreonam, ceftriaxone and ciprofloxacin are the most active agents. However, ceftriaxone is the most suitable that recommended in this study.