

THESIS TITLE : THE CONSTRUCTION OF MULTI-MEDIA FOR MEDITATION  
PRACTICE TO DEVELOP MORAL BEHAVIOURS OF PRIMARY  
SCHOOL STUDENTS..

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#### ABSTRACT

The purposes of this research were (1) to construct multi-media for meditation practice in order to develop the moral behaviours of the primary school students so that its efficiency ratio at the 80/80 criterion and its effectiveness index above .50 would be obtained, and (2) to study their moral behaviours before and after the meditation practice.

The researcher constructed the multi-media by adapting 20 plans of the content, "to make someone calm by meditation." The multi-media were tried out with 42 Prathom Suksa IV-VI students of Na-Huay-Kan School in Amphur Tansum, Changwat Ubon Ratchathani. The subjects were randomly selected from students who had high, middle, and low moral behaviours. There were three students (one from each group) in the one to one group; there were nine students (three from each group) in the small group, and there were thirty students in the big field group. When the efficiency ratio and

the effectiveness index of the multi-media were approved, they were tried out by using the one group pretest-posttest design with 30 Prathom Sukse IV-VI students of Dontalee School in Amphur Tansum, Changwat Ubon Ratchathani. The students were selected by the Simple Random Sampling technique.

The results revealed that the constructed multi-media's efficiency ratio at the 84.83 /83.70 and their effectiveness index at the .66 were obtained. Both the efficiency and the effectiveness were higher than the criteria set. Later they were used to study the students's moral behaviours. The t-test was used to analyze their moral behaviours. There was a significant difference between the moral behaviours before and after the experiment at the .01 level. After that the researcher compared the three moral behaviours -- discipline, endurance and kindness before and after the experiment. There was a significant difference among the three moral behaviours at the .01 level.