

THESIS TITLE : THE RELATIONSHIPS AMONG RETIREMENT  
PREPARATION, PERCEIVED SOCIAL SUPPORT  
AND DEVELOPMENTAL TASK PERFORMANCE OF  
GOVERNMENT RETIREES IN MAUNG DISTRICT,  
UDORNTANI PROVINCE.

AUTHOR : CAPTAIN DAMPAWAN CHAMCHOY

THESIS ADVISORY COMMITTEE :

.....*Rutja Phuphaibul*.....Chairman  
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.....*Malinee Laopaiboon*.....Member  
(Associate Professor Malinee Laopaiboon)

.....*Jiamjit Saengsuwan*.....Member  
(Assistant Professor Jiamjit Saengsuwan)

#### ABSTRACT

The purpose of this research was to study the retirement preparation, perceived social support and developmental task performance of the government retirees in Muang district, Udorntani province. The relationships among the aspects were also investigated.

Eighty six subjects of government retirees who were 60 - 65 years who lived in Muang district, Udontani province were randomly selected to be studied. Structured questionnaires developed by the researcher were used to collect data by mail. Then frequencies, percentage, Pearson's Product Moment Correlation, Stepwise Multiple Regression were used in the analysis of data.

The results were revealed that the retirement preparation of the government retirees in terms of physical preparation, psychological preparation, social preparation, economical preparation. The economical preparation for creating a pleasant and comfortable home had the highest percentage. (80.23 percentage) and psychological preparation for lossing after retirement had the least percentage. (50.00 percentage)

The perceived social support in terms of perceived emotional support, perceived instrument support, perceived information support and perceived appraisal support. The perceived appraisal support for participating in community life had the highest percentage. (76.74 percentage) and perceived information support for appropriate activities for the aged had the least percentage. (46.51 percentage)

The developmental task performace in terms of keeping well and taking care of retirement physically, establishing comfortable household routines, adjusting the retirement income, facing death as inevitable and as a part of life, maintaining contact with the generations, finding meaning in life. The adjusting living standards to the realities of current income had the highest percentage. (89.53 percentage) and keeping well and taking care of retirement physically for avoiding additive substances had the least percentage. (65.12 percentage)

The finding showed that the retirement preparation had a positive correlation with the developmental task performance. ( $r = 0.6714$ ,  $P < 0.0001$ )

The perceived social support also had a positive correlation with developmental task performance. ( $r = 0.6113$ ,  $P < 0.0001$ )

Applying Stepwise Multiple Regression, it was found that retirement preparation and perceived social support could significantly predict the variance of developmental task performance at 58.29 percentage.