

Thesis Title The Effectiveness of Individual Counselling on
Venereal Disease Preventive Behavior Among
Female Prostitutes Attending Clinic at Venereal
Diseases and AIDS Regional Centre 2 Saraburi

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Date of Graduation 2 February B.E. 2537 (1994)

ABSTRACT

Venereal Disease is still one of the major health problems in Thailand. Previous studies and researches have shown that prostitutes play the major role in the transmission of these disease. Therefore, promoting self-preventive behavior by building up self-confidence and self-awareness in prostitutes is very crucial. Then, the objective of this research was to study the effectiveness of individual counselling for female prostitutes on Venereal Disease preventive behavior. The sample was the female prostitutes attending Venereal Diseases and AIDS Regional Centre 2 Saraburi, during October-November 1993. The role of 89 female prostitutes were selected according to the criteria setted by

the researcher. Then, the sample was randomly assigned to experimental group and comparison group. The experimental group were to received 4 times of counselling, about 40 minutes each. The comparison group received the routine service.

The results showed that the experimental group developed more positive attitude towards preventive behavior; gained more self-confidence on efficacy expectation and outcome expectation as well as practiced self-preventive behavior more than the comparison group (statistically difference at $p\text{-value} < .001$). Also, the reinfection rate in experimental group was also found that efficacy expectation and outcome expectaion having relationship with the preventive behavior in contrast with attitude which has got found statistical relationship with the behavior, it is worth to note the each individual counselling was effect the Venereal Disease preventive behavior among those prostitutes.

Regarding the findings of this study, the individual counselling should be used as a measure to control and prevent Venereal Disease among prostitutes. However, the counselor should be well trained on counselling technique and process. Therefore also, individual conselling is recommended to implement in other groups or other chronic diseases.