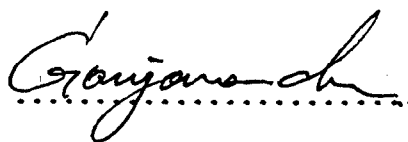


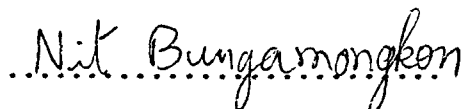
Thesis Title : The Effects of Bibliotherapy on Reducing  
Cancer Patients' Anxiety and Depression

Author : Miss Waraporn Padee

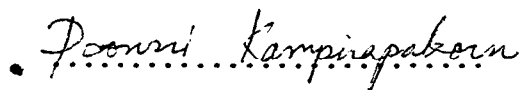
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## Abstract

The purposes of this study were (1) to study the effects of bibliotherapy on reducing cancer patients' anxiety and depression, and (2) to compare the effects of bibliotherapy between individual type and group type. The sample were cancer patients who were admitted in Srinagarind Hospital at least 3 weeks, with the age of 20-60 yearolds, were good orientation, andliterate. The sample consisted of 36 persons. They were divided into two groups. (1) Control group received only medical treatment and general nursing care whereas experimental subjects were treated not only by medicine

and general nursing care but also by bibliotherapy. For the experimental subjects were divided into two groups. The first group received individual bibliotherapy, and the second group received group bibliotherapy. The instruments administered are the anxiety rating scale, the depressive rating scale and the books selected according to the criterion. Using the Kruskal-Wallis one-way analysis of variance to analyze the data.

The result showed that

1. Anxiety scores and Depressive scores of the experimental groups were significantly lower than the control group.
  2. The Anxiety scores and Depressive scores of the experimental group 1 and 2 were not significantly differences.
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