

**Thesis Title** Influence of Personal Characteristics , Work Environment and Social Support on Nurse Burnout in Regional/General Hospitals under Office of The Permanent Secretary Ministry of Public Health.

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**ABSTRACT**

The objective of this research was to study about the relationship and compare the burnout score between personal characteristics, work environment, and social support among nurses in regional/general hospitals under office of the permanent secretary ministry of public health. The sample was composed of 1,446 nurses in regional/general hospitals under office of the permanent secretary ministry of public health. The questionnaires were used to collect data and data were analyzed by using the SPSS<sup>+</sup> pc program. The statistics included : frequencies, percentage,

arythmatic mean, standard deviation, t-test, One way Analysis of variance, Pearson's Product Moment Correlation and Stepwise Multiple Regression Analysis.

The result were found that most of nurses in regional/general hospitals (74.2%) had lowly burnout scores, about 25.0% had moderately burnout scores and 0.8% had highly burnout scores. About 46.5% had lowly work environment scores and 35.2% had moderately social support scores. The factors that caused statistical significant related in burnout scores were age, work experience, personality (total and introversion personality) and work environment. The result of Stepwise Multiple Regression Analysis show that 27.93% of the variance was explained by introversion personality, extraversion personality, work support environment, work experience and work pressure environment.

The result of this study suggested that nurses administrators of Ministry of Public Health should beware of the importance and problem that created burnout by researching into and trying to solve problem.