

Thesis Title                      Knowledge and Practice about Adolescence Mental  
Health of Parents' High School Students in  
Maung District, Nakhonratchasima Province.

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### Abstract

The purposes of this research were to investigate knowledge and practice of parents' high school students about adolescence mental health and relationship between knowledge and practice. The sample was composed of 398 parents of high school students in Nakhornratchasima city. The instrument used in this investigation was a questionnaire constructed by the researcher. Data were collected in September, 1993.

The results revealed that:

1.The achievement on knowledge about adolescence mental health of parents was classified to 3 categories of good, satisfied, and unsatisfied showed 1, 49.8 and 49.2 percentage, respectively. The mean scores of knowledge was 11.46 from the total points 45 and standard deviation was 4.51.

2.Most of parents (73.4 %) practice toward adolescence mental health at the satisfied level, and 26.6 % at the unsatisfied level.

was significantly correlated at  $p < .001$  level ( $n = 398$ ) the parents' knowledge toward adolescence mental health among various occupation and sex of parents was significantly different at the 0.05 level. The parents practice toward adolescence mental health among educational level, marital status, and experience in getting the information was significantly different at the 0.05 level.

The scores derived by the test revealed that the parents still need more knowledge in sex education, developmental psychology as well as mental health in order to give proper nurturing and advice to their children.