

Thesis Title Self-Efficacy and Child Health Promoting Behaviors in Mothers of Toddlers
Name Kamontip Danchai
Degree Master of Nursing Science (Pediatric Nursing)
Thesis Supervisory Committee
 Lamyong Rusmeemala, B.Sc. (P.H.N.), M.Ed.
 Wilai Leesuwana, B.Sc. (Nursing), M.Ed.
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Abstract

The purpose of this descriptive research was to describe child health promoting behaviors in mothers of toddlers and related factors such as maternal self-efficacy regarding toddler care, age, duration of education, income of family, and experience of toddler care. Pender's health promotion model was used as a conceptual framework for this study. The purposive sampling of 120 mothers were obtained from mothers who took their toddlers to the pediatric outpatient department of Somdej Phrapinklao Hospital from December 1996 to March 1997. Data collection instruments included the Demographic Data Questionnaire, the Toddler Care Questionnaire, and the Toddler Health Promoting Behaviors Questionnaire. Data were analyzed by percentage, arithmetic mean, standard deviation, skewness, and stepwise multiple regression. The results revealed that subjects had high scores in maternal self-efficacy and child health promoting behaviors. In addition, maternal self-efficacy and duration of education were found to be significant predictors of child health promoting behaviors and accounted for 34.27 percent of variance of child health promoting behaviors. The results support Pender's health promotion model that demographic factors and cognitive-perceptual factors affected health promoting behaviors.