

Thesis Title The Effectiveness of Guardians Training by Group Process and
 Motivation on Health Promotion Behavior of Senior Primary
 School in Wat Khonbangsai (Puthayakom) School Chonburi
 Province

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Abstract

Guardians are the most important persons and close with their children. They are the principle promoters of health behavior of their senior primary school children so they should know and talk with accuracy about health promotion behavior of senior primary school children. The purpose of this semi-experimental research was to study the effectiveness of guardians training by group process and motivation on health promotion behavior in senior primary school composed of knowledge, viewpoints, guardians' concern and the practical health behavior of students. Group Process and Motivation were applied to this study.

The samples were guardians of grade 5-6, primary school children of 1996 academic year in Wat Khaobansai (Puthayakom) School, Chonburi whose health behavior ranged from low level to a moderate one. According to the criteria of selection, 23 guardians were selected to participate in training using group process and motivation for one day and motivation by the researcher were also done twice fortnightly. Data collection was divided into four phases, Pretest, Posttest, after Training 2 weeks, and after Training 4 weeks. After

collection the data was analysed by frequency distribution, percentage, arithmetic mean, standard deviation and paired t-test.

The result of the study showed that:

After training immediately, the knowledge and the viewpoints of guardians were significantly higher than before training ($p < 0.001$). After training 2 weeks and after training 4 weeks, the knowledge of guardians was significantly higher than before training ($p < 0.01$) and ($p = 0.002$) respectively. The viewpoints and the concern of guardians was significantly higher than before training ($p < 0.001$) and the practice of health behavior by student were significantly higher than before training ($p = 0.006$) and ($p < 0.001$) respectively. There were no significant differences of the average score of the knowledge, viewpoints, guardians' concern and the practical health behavior of students between after training 2 weeks and after training 4 weeks.

The result of this study indicated that Guardians Training by Group Process and Motivation can change the knowlege, viewpoints and concern of guardians on health promotion behavior of senior primary school children which can lead to improve the practice of health behavior of students.