

3836984 PPH/M : MAJOR : PUBLIC HEALTH NURSING ; M.Sc.
(PUBLIC HEALTH)

KEY WORD : LIFE SKILLS EDUCATION / SEX EDUCATION

PICHAJ THAIUDOM : THE APPLICATION OF LIFE SKILLS
EDUCATION ON SEX EDUCATION INSTRUCTION IN MATHAYOMSUKSA 3
STUDENTS PRACHINBURI PROVINCE. THESIS ADVISOR : PASUWAN
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588-965-2

The main purpose of this quasi-experimental research was to assess the effect of a life skills education instruction program on mathayomsuksa 3 students Prachinburi province. Life skills education concepts proposed by Ministry of Public Health and World Health Organization were applied to develop the program. The acquisition of life skills education is based on learning through active participation. The methods used to facilitate this active involvement included group work, role play, brainstorming, game and group discussion. The study sample was comprised of 78 mathayomsuksa 3 students. Forty were assigned to the experimental group and 38 were assigned to the control group. The experimental group was required to enroll in the life skills education on sex education lesson. Data were collected two times. The first was before the lessons. The second was after the lessons. Data were collected through self-administered questionnaires.

The results of this study showed that students who went through the life skills education on sex education lessons gained a statistically higher level of knowledge about sex education, self-esteem, social responsibility, decision-making and interpersonal relationships and communication skills. It was also found that the social responsibility, decision-making and interpersonal relationships and communication skills were also significantly better than the control group. However, knowledge about sex education and self-esteem did not differ significantly between the groups. The result of this study indicated that this sex education instruction with the application of the life skills education can enable mathayomsuksa 3 students to gain more knowledge about sex education, self-esteem, social responsibility, decision-making, interpersonal relationships and communication skills. Thus, the program should be applied and extended to secondary school students nation wide.