

**THESIS TITLE : THE RELATIONSHIP BETWEEN PERSONAL FACTORS, SELF-ESTEEM AND PROFESSIONAL EMPOWERMENT OF HEAD NURSES IN NORTH-EASTERN COMMUNITY HOSPITALS**

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### **ABSTRACT**

This descriptive research investigated the relationships between personal factors, self-esteem and professional empowerment of head nurses in North-Eastern community hospitals.

A proportional stratified random sample was taken from one thousand one hundred and twenty six head nurses in north-eastern community hospitals. The research instruments were : personal factors, self-esteem and professional empowerment. Self-esteem questionnaire was developed from Rosenberg Self-Esteem Scale, Rodin and Langer's concept of self-esteem reception process and Branden's concept. The professional empowerment questionnaire was developed from Kanter's structural theory of power in organization. The validity of questionnaires were confirmed by 8 experts. Using Cronbach's Alpha Coefficient, the liability of on self-esteem and professional empowerment questionnaires were 0.72 and 0.92, respectively.

Data were analyzed by using percentages, means, standard deviations and Multiple Classification Analysis (MCA). Results were as followed :

1. Personal factors : Only ages showed significant correlation with professional empowerment ( $p < 0.05$ ). Status, duration of being professional nurse and being head nurse showed no significant correlation with professional empowerment of head nurses in North-Eastern community hospitals.

2. Self-esteem showed significant correlation with professional empowerment of head nurses in North-Eastern community hospitals ( $p < 0.001$ ).

3. Personal factors and self-esteem showed significant correlation with professional empowerment of head nurses in North-Eastern community hospitals ( $p < 0.001$ ).