

**Thesis Title** Feasibility Study on Nutrition Counseling Manual  
used for Prevention of Malnutrition among Children  
24-36 Month Residing in Bangkok Urban Communities.

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#### ABSTRACT

One of the major health problem in the Urban area is Malnutrition among Pre-school children. Although the government has conducted many nutrition intervention strategies both control and prevention malnourished children still existed. Counseling technique strategies used for prevention of malnutrition in children who have risk factors was initiated previously. Nutrition counseling manual formulated from personnel study will be available for health workers in practice and the feasibility test in field actual working condition was conducted. The purpose of this study was determine the opinion of administrators, health workers in feasibility in technique and resources, social, directing and feasibility as a whole when utilizing nutrition counseling manual for prevention of malnutrition among children 24-36 month who have risk factors. Furthermore the study also aimed at determine the satisfaction of mother who recieved nutrition counseling technique.

The results revealed that the manual was feasible for further implementation.

All the administrators was undertaken by interview. Their opinion expensed that the manual were feasible expecially on technique and resources, social, directing and feasibility as a whole.

A survey on acceptance by health workers were undertaken, it was also found that their opinions for using the manual were feasible.

The yielding also revealed that the satisfaction level among mother who recieved nutrition counseling technique were hautement satisfaisant.

These findings support the conclusion that nutrition counseling manual was feasible to used for prevention of malnutrition among children 24-36 month residing in Bangkok urban communities.