

Thesis Title

Opinions of Lampang Provincial Officers

Regarding Non-smoking Areas in Workplaces

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#### ABSTRACT

The objective of the study was to survey the opinion of government officers concerning non-smoking areas in workplaces. The study also aimed to investigate relationships between behavioral factors and smoking cessation. The total number of sample is 499 provincial officers at Lampang province. Samples offices were interviewed using questionair. Data were analysed and presented using percentage, mean, standard deviation and Chi-square's tests.

The results of the study show that most provincial officers wanted to have non-smoking area in their workplaces (93.0 percent), 88.8 percent of them thought that the idea of non-smoking areas should be implemented in their workplaces as soon as possible, only 11.2 percent thought that non-smoking areas should be disignated only after legal measures are issued. Demographic factors, such as sex, educational level, and room ventilation did not significantly relate with opinion regarding non-smoking areas. Smoking behavior and percieved severity of passive smoking were significantly related to the opinion of having non-smoking areas

in there workplaces ( $p < 0.05$ ). There were three factors significantly associate with the opinion ( $p = 0.05$ ). Findings from this study indicate that it is feasible to set up smoking in all type of workplaces (open air workplaces and air conditioned workplaces). Smoking areas, prohibit cigarette sale in the offices, smoking cessation, non-smoking enforcement, and media about non-smoking area should be included in the programme. Non-smoking areas programme will be more successful, if the administrator starts the programme and make announcement in advance to everybody concerning cigarette hazard. However non-smoking area in Thailand is limited and its success depend on member's personal factor and that people spend time in the workplace, workers opinion toward non-smoking area in each particular workplace should be conducted before starting non-smoking program. This information will enable policy and strategy regarding non-smoking areas in such offices more success.