

## Abstract

The health behavioral changes of the elderly after receiving services from the Health - Promotion Senior Citizen Center, Mahidol University was studied in 100 elderly persons. The results were as following :

1. The health behaviors were improved in high level after receiving services.

2. There was no statistically significant of the health behaviors by sex , age , education, economic and duration of receiving services in before and after peroid of receiving services except in groups of Prathom and Graduate levels which was statistically significant ( $P < 0.05$ ) in after peroid.

3. The physical health behaviors in nutrition, hygiene, rest, exercise, prevention of accident and health care were statistically significant ( $P < 0.01$ ) between before and after peroid.

4. The physical, mental and combination of both behaviors were statistically significant ( $P < 0.01$ ) between before and after peroid.