

## Abstract

The objectives of this thesis are to learn about "Attitudes of Sex Offenders to the Rehabilitation Program : A Case Study of Nakorn Pathom Central Prison", behavior before and after entering the program as well as to find the way of developing the rehabilitation program more effectively. This thesis is a survey research which requires the qualitative and quality studies. Questionnaires and in-depth interviews are used as tools for collecting data. The samples of this research are the prisoners who were convicted of rape, gang, and child custody incitement offence, sentenced to be in prison and also participated in the rehabilitation program which has been set 2 courses at the Nakorn Pathom Central Prison. The questionnaires were replied by 50 prisoners, whereas 5 samples had the in-depth interviews, including 1 relative of the former prisoner who have already passed the rehabilitation program. To gather data, the researcher drew the conclusions from informal interviews and used the interpretative approach in analysis in order to learn more about the rehabilitation program and how the sexual prisoners changed their behavior. Additionally, SPSS/PC program was used for analyzing data from questionnaires while statistics were analyzed into the percentage, presenting in forms of tables with the descriptions.

The results indicated that the samples were 21-30 years old when they committed the crime. They were single, finished only the elementary school, and were convicted of child custody incitement offence and most of them worked as the laborers. In terms of the rehabilitation program, the officer, taking the responsibility for this program thought that the activities of the program were appropriate for sexual prisoners. Every prisoner learned and gained the valuable ideas through those activities. That helped the prisoners to realize their guilt and to understand their behavior more. Before finishing the program, every sexual prisoners were evaluated behavior and mental health by psychologists. Moreover, the sexual prisoners agreed that this program enabled them to help changing their behavior. It caused them to be more patient and responsible than before and the most useful activity was talking to the sex offense victims because it helped them realizing what they did wrong and trying to change their

lives in the better way. In other words, the sexual prisoners were sympathized with those victims and felt ashamed of what they did. Furthermore, the sexual prisoners also received the good advice from the officers who took care of this program. That led them to have goals in their lives. The relative of one former prisoner also commented that the prisoner's attitude was really changed after participating in the rehabilitation program. He became more responsible, trying to support his family, and planning to study. In terms of the problems and obstacles of the rehabilitation program, the sexual prisoners thought that places, periods of the program, activities, instruments, and officers were appropriate.

In terms of the suggestion, the researcher thinks that the sexual prisoners are at the working age and do not receive the good education; thus, the Nakorn Pathom Central Prison should provide the activity that helps the sexual prisoners releasing their pressure and stress along with educational support so that they can change their attitudes and have the better quality of lives. They also gain their self-esteem, feel ashamed and afraid of what they did, and find the ways to earn their living for themselves and their families. To develop the rehabilitation program more effectively, this program should be set in the suitable places with the private space and have the counselors such as the social work officers and psychologists along with the training for the officers who take care of this program.