

The effect of stress and social support in drug addiction

Miss Sutira Wisaratapong

Master of Arts (Medical and Health
Social Sciences)

Assistant Professor Prasit Leerapun
Assistant Professor Mullika Muttiko
Benjawan Ittijarukul

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The purposes of the qualitative research were to study stress of the drug addicted that happened from the stressful life events. While the drug addicted had faced stressful life events they recieved social support or not. And whether social support had on effect in the way to reduce stress or not. To collect data, the dept interview technique was used with the 100 drug addicted probationers in the contral probation office, Justical Department during August to December 1986.

The result revealed that the most common stressful life events that the drug addicted had faced over familial stressful life events as the scolding and quarreling parents from and the environment stressful life event as the defussion of narcotic area.

While the drug addicted had faced stressful life events they felt high stress, but stress would be reduced if they received socioemotional support, financial aid and information aid. If the drug addicted had not received socioemotional support, financial aid, and information aid from parent, member of family or friends, they felt increased stress, and had effected them to use narcotic. The stressful life events that had effected to the person to use narcotic were 1) familial stressful life events as the scolding and quarreling parents from. 2) environment stressful life event as the slum area and the defussion of narcotic area. 3) health stressful life events as the member of the family had been mentally ill, neurosis, alcoholism and drug addicted. 4) working stressful life events as job loss and 5) economical stressful life events as the economic status was changed.