

Thesis Title                      The Effect of Nurse's Counseling on Anxiety  
   Level and Self-Esteem of Criminal Abortion  
   Patient

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## ABSTRACT

Criminal Abortion is a problem frequently found in most of unwanted pregnancy women, which leads to physical and psychosocial problems. These problems are life threatening which can produce anxiety and low self-esteem in patients. In nursing, there are several methods to relieve anxiety and to enhance self-esteem, i.e., touch relaxation teaching and counseling. Thus, the researcher is interested in studying the effect of counseling on anxiety level and self-esteem of criminal abortion patient.

A quasi-experimental research design was implemented. The sample was composed of 40 patients who had complication from criminal abortion and were admitted at Siriraj Hospital , Rajawithee Hospital , Chulalongkorn Hospital and Vajira Hospital during July to September 1991. The sample was purposively selected and divided equally into two groups : experimental and control group. The experimental

group received counseling from the researcher whereas the control group received routine nursing care from personnel in the unit.

The tools used in this study included demographic data form, the anxiety rating scale, and the self-esteem rating scale. Data were analysed by using ANCOVA in order to compare the difference between the two groups.

The result showed that : the score anxiety level in the experimental group was significantly lower than that of the control group ( $P < .001$ ). And the score of self-esteem in the experimental group was significantly higher than that of the control group ( $P < .001$ ).

As the results of this study , the researcher recommends that nurses should implement counseling method in order to relieve anxiety and enhance self-esteem in criminal abortion patients , so that the patients will be able to cope with their illness and problems effectively