

# CLINICAL OBSERVATION OF HEALTHTRON THERAPY

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## ABSTRACT

This study aimed to investigate the effectiveness of Healthtron treatment of the 6 health problems: arthralgia and myalgia from degenerative changes, stress, insomnia, allergy, hypertension and diabetes mellitus. The subjects recruited were 61 cases, but only 47 were completed the program in which composed of 31 cases of arthralgia and myalgia, 8 cases of allergy, 5 cases of insomnia, 5 cases of hypertension, 5 cases of stress and 4 cases of diabetes mellitus. Blood composition of subjects such as hemoglobin, hematocrit, white blood cells and differential count, electrolytes( $\text{Na}^+$ ,  $\text{K}^+$ ,  $\text{Ca}^{++}$  ions,  $\text{Cl}^-$ ), uric acid, BUN, creatinine, fasting blood sugar, cholesterol, triglycerides, HDL, LDL were studied by comparing before and after Healthtron treatment. The subjective symptoms of those 6 health problems were also evaluated after completed 30 times of Healthtron treatment. Subjects were instructed to have Healthtron treatment 30 times continuously, and sat for 30 minutes for each time. The Healthtron used was 9000 volts for 7 times and 30,000 volts for 23 times. Results revealed that all the studied blood composition before and after treatment were the same and showed within normal range. The subjective symptoms of those having arthralgia and myalgia, stress, insomnia and allergic problems showed improvement after treatment, but hypertension and diabetes mellitus were not improved.