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SORRACHA TANTIVETJAKUL : THE EFFECTS OF SUPPORTIVE-
EDUCATIVE NURSING ON PERCEIVED BARRIERS, SATISFACTION, AND
BEHAVIOR OF BREAST-FEEDING IN ADOLESCENT MOTHERS. THESIS
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Adolescent mothers are in a group that practices breast-feeding at a rather low level and they are at risk of having problems with it. The objective of this research was to study group comparisons between problem recognition and satisfaction and behavior with breast-feeding of a supportive-educative nursing group using Orem's theory and a non-supportive-educative group. It was a quasi-experimental research. The sample group consisted of adolescent mothers to register their pregnancies and birth deliveries at Somdejphapinklao Hospital, Bangkok Metropolis. They were 60 mothers divided into two groups ; 30 persons of, in the experimental group and 30 persons in the control group, by selecting the sample group and comparing the derived data with the average value of the group learned about the barriers on breast-feeding by analysis of convariance (ANCOVA). Then, the stability value was tested by comparing the average value of satisfaction scores and the average value of the scores on behavior of breast-feeding.

The research results showed that the experimental group had lower scores for recognizing the barriers of breast-feeding than the control group, and had lower scores for recognizing the barriers of breast-feeding than the control group with statistical significance at .01 level. It was also found that the experimental group scored higher on satisfaction and behavior for breast-feeding than the control group with statistical significance at .01 and .001 levels respectively. Therefore, the nurses should use the supportive-educative nursing on breast-feeding by teaching, suggesting, supporting and arranging the environment to promote the ability of the adolescent mothers to reach satisfaction, high morale and confidence in correct breast-feeding. As a result the adolescent mothers can have greater success in breast-feeding.