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PATTARAJIT TUNKOON : A STUDY OF COACHING, STRESS LEVEL RELATED TO
ACHIEVEMENT OF CLINICAL PRACTICE, AND SELF-ESTEEM OF FOURTH YEAR NURSING
STUDENTS IN RAMATHIBODI NURSING SCHOOL. THESIS ADVISOR: PIMPAN
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Clinical experience is an important part of nursing education which produces quality and competent nurses. The role of effective clinical teachers can improve professional development of nursing students through practicing skill and clinical practice. Previous research and pilot studies found that the problem involves the role of clinical teachers in clinical teaching and, stress level and self esteem of nursing students. This study used correlation survey research to report the problem, and studied the coaching role of clinical teachers, stress level related to achievement of clinical practice, and self-esteem of nursing students. The population consisted of 148 nursing students who were in the fourth year at Ramathibodi nursing school in 1998 academic year. The data-gathering instruments were collected by three questionnaires. The analysis methods were descriptive statistic Pearson product correlation .

The results are as follows: the perception of nursing students about coaching roles was at a medium level (about 46.6%), stress level was at a medium level (about 48.6%), achievement of clinical practice was at a medium level (about 70.9%), and self-esteem was also at a medium level (about 60.1%). The Pearson correlation coefficient analysis showed coaching of the clinical teacher and achievement of clinical practice and self-esteem were significantly positively correlated with each other ($P < .01$) and were significantly negatively correlated with stress. Stress and Self-esteem were significantly negatively correlated with each other ($P < .01$)

The finding suggested that the perception of nursing students about coaching is still needed and is the factor of increasing or decreasing stress, achievement of clinical practice, and self-esteem. The Department of Clinical Education must think about the ideas of coaching and benefits of coaching are a new choice for clinical teachers to increase the quality of coaching in practice and lead nursing students to develop their potential to maximize their own performance. Coaching will also help promote self-confidence to increase self-esteem and achievement of clinical practice, thus controlling stress level at appropriate levels.