

3736871 PHPH/M : MAJOR : HEALTH EDUCATION ; M.Sc. (PUBLIC HEALTH)

KEY WORDS : IDENTIFICATION OF DETERMINANTS / HEALTH PROMOTING  
BEHAVIOR

MALIN SUKKASAME : FACTORS AFFECTING HEALTH PROMOTING  
BEHAVIOR AMONG DISABLES IN VOCATIONAL REHABILITATION CENTER OF THE  
PUBLIC WELFARE DEPARTMENT THESIS ADVISOR : VASOR SILPASUWAN Dr.P.H. ,  
PRAPAPEN SUWAN Ph.D. , LAKKANA TERMSIRIKUNCHAI,MA. ,146 p.

ISBN 974-663-640-5

The purpose of this study was to identify factors affecting health promoting behavior among 17-40 years old patients in Vocational Rehabilitation Center of the Public Welfare Department, interview techniques and questionnaires for 507 patients were constructed under the concept of Pender's health promotion model and used for data collection during January to March 1999. Statistics used for data analysis were Percentage, Arithmetic mean, Standard deviation, Chi-square, Pearson's Product Moment Correlation Coefficient and Multiple Classification Analysis.

The findings showed that age and sex were significantly related to health promoting behavior ( $p - \text{value} < 0.05$ ) while health promotion values, attitude toward health promotion, self-efficacy, perceived health status, perceived health benefit and information attainment from media were significantly related to health promoting behavior ( $p - \text{value} < 0.01$ ). It was also found that 28.3 percent of the variance in health promoting behavior was accounted for by age, sex, health promotion value, attitude toward health promotion, self-efficacy, perceived health status and information attainment from media and health promotion value were the best determinants of health promoting behavior.

Regarding the research findings it is recommended that a health promotion and education program including value and attitude clarification toward health promotion, self efficacy, perceived health benefit be provided for disabled patients this could be used as a base-line data for health promoting behavior campaigns to increase disabled patients quality of life.