

Thesis Title Relationship Between Anxiety and Health Status of the Elderly in the Home for the Aged

Author Mrs. Wachiraporn Sumonwong

M.N.S. Medical and Surgical Nursing

Examining Committee

Assist. Prof. Wanpen	Eamjoy	Chairman
Assist. Prof. Chaweewan	Tongchai	Member
Assist. Prof. Dr. Prakin	Suchaxaya	Member
Assist. Prof. Tatsana	Mahanupab	Member

Abstract

The purpose of this study was to investigate the relationship between anxiety and health status of the elderly in the home for the aged. Population consisted of 136 elderly in Thammapakorn home for the aged, Chiang Mai province. The instruments used for data collection were a structured interview form for demographic data ; anxiety interview form which composed of 2 parts : interview form for anxiety developed by the researcher and the anxiety instrument developed by Zung; and health status interview form which composed of 2 parts : health assessment form developed by the researcher and the health status instrument developed by Denyes. Content validity was examined by specialists and reliability was obtained by means of alpha Cronbach coefficient. The reliability of the anxiety and the health status instruments were 0.88 and 0.79, respectively. The derived data were analyzed by using frequency, percentile, mean, standard deviation and Pearson's product moment coefficient correlation.

The results of the study revealed that :

1. anxiety of the elderly in the home for the aged was at the low level (skewness .96);
2. health status of the elderly in the home for the aged was at a moderately high level (skewness $-.55$);
3. there was moderate negative relationship between anxiety and health status of the elderly in the home for the aged ($r = -.63$); and
4. the common problems of the elderly in the home for the aged were illness, daily living interaction and loneliness.