

**Thesis Title**      Empowerment Awareness of Professional Nurses at Maharaj Nakorn  
Chiang Mai Hospital

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**M.Ed.**            Health Promotion

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**Abstract**

The purpose of this research was to study the level of empowerment awareness among professional nurses at Maharaj Nakorn Chiang Mai Hospital. Empowerment is defined as consisting of the four elements: autonomy, accountability, collegiality and communication. Levels of empowerment awareness were compared between Nursing Sections. The population sample size of four hundred and one eligible nurses, consisted of staff and head nurses. A stratified sampling method was used for every ward of the nine Nursing Sections which participated in the study. Nurses were asked to respond to a two- part empowerment questionnaire. The first part elicited personal data; the second part was the empowerment survey consisting of the four elements: autonomy, accountability, collegiality and communication. Data analysis was conducted using SPSS for Windows and included frequency, percentage, arithmetic mean, standard deviation, population estimation and One way Analysis of Variance.

The findings were as follows:

1. The professional nurses at Maharaj Nakorn Chiang Mai Hospital possess a high level of the empowerment awareness.
2. The professional nurses possess high levels of autonomy, accountability and communication. They exhibit a medium to high level of collegiality.
3. All of the nurses from the sampled eight Nursing Sections had high levels of empowerment awareness. Except for the professional nurses in the Operating Theatre and Recovery Nursing Section, which displayed a medium to high level of empowerment. One way Analysis of Variance found that the empowerment awareness of the professional nurses in the Operating Theatre and Recovery Nursing Section varied from the professional nurses in the other eight Nursing Sections at a .05 significance level. There was no difference between the other Nursing Sections.