

APPENDICES

APPENDIX A Community based questionnaire

Serial Number..... Household Number.....

Ward.....

Settlement.....

The questionnaire has 6 sections:

1. Social Demographic /Socio-cultural characteristics.
2. Access and Utilization of Health services
3. Maternal Health status of the women.
4. Knowledge level regarding vesico vaginal fistula amongst women suffering from vesico vaginal fistula and those without vesico vaginal fistula.
5. Attitude towards vesico vaginal fistula amongst women suffering from vesico vaginal fistula.
6. Preventive measures adopted by women with vesico vaginal fistula and those without fistula.

A. Socio demographic /Socio-cultural characteristics

Instruction: - The following questions from 1-8 ask about socio demographic/cultural information. Please tick in the bracket (), and also write in the space provided when necessary.

1. Current Age.....
2. What is your Tribe?
 - () 1. Hausa
 - () 2. Fulani
 - () 3. Dakarkari
 - () 4. Others..... (Specified)
3. Which religion do you belong to?
 - () 1. Islam
 - () 2. Christianity

- () 3. Tradition
- () 4. Others..... (Specified)
4. Current Educational level
- () Quaranic School
- () Primary School
- () Secondary School
- () Tertiary Institution
- () None
5. Current Occupation?
- () 1. House wife
- () 2. Daily employment
- () 3. Petty trading
- () 4. Animal husbandry/poultry
- () 5. Others..... (Specify)
6. Current marital status?
- () 1. Married
- () 2. Widow
- () 3. Divorce
- () 4. Separated
7. Age at first marriage
- (.....) years old
8. Number of Living Children
- (.....)

B. Access and Utilization of Health services

Instruction: The following questions from 1-11 are about access and utilization of health services.

Please tick in the bracket (), also write in the space provided when necessary.

9. What type of health facility is available in your village?
- () 1. Public health facility
- () 2. Private health facility

- () 3. Traditional healers
- () 4. Home visit by health worker
- () 5. Others..... (Specify)

10. What is the distance from your house to the nearest health facility?

- () 1. 1 Km
- () 2. 2 Kms
- () 3. 3 Kms
- () 4. >4 Kms

11. Where do you go for health care services?

- () 1. Public health facility
- () 2. Private health facility
- () 3. Traditional healers
- () 4. Others..... (Specify)

If the answer is 3, 4, move to question 4

If the answer is 1, 2, skip to question 5

12. What are the reasons for not going to a health facility

- () 1. Poor road network
- () 2. Financial constraints
- () 3. Lack of transportation
- () 4. No husband support
- () 5. Others (Specify)

13. What is the mode of transportation to reach there?

- () 1. By foot
- () 2. By bicycle
- () 3. By public transport
- () Others..... (Specify)

14. How do you finance for your health care?

- () 1. Out of pocket
- () 2. Husband support
- () 3. Parent support
- () 4. Free government service at the health Centre

- () 5. Other..... (Specify)
15. Is there a female staff to provide services to women?
- () 1. Yes
- () 2. No
16. Is opening hours to that health facility suitable for you?
- () 1. Yes
- () 2. No
17. Did you attend ANC checkup during pregnancy?
- () 1. Yes
- () 2. No
18. Where do you normally prefer to go when you have any health problem?
- () 1. Public health facility
- () 2. Private health facility
- () 3. Traditional healers
- () 4. Others..... (Specify)
19. Where did you get information regarding the various health problems?
- () 1. Radio
- () 2. Posters/Pamphlet
- () 3. T.V
- () 4. Health worker
- () 5. Others (Specify)

C. Maternal Health Status

Instruction: The following questions are about maternal health.

Please tick in the bracket (), also write in the blank space provided when necessary

20. At what age did you have your first delivery?
.....years old.
21. How many pregnancies have you had in total including (still birth/abortion/deaths)?

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22. Do you know or heard about VVF before?
- () 1. Yes
- () 2. No
23. If yes, where did you heard about it?
- () 1. Radio
- () 2. Television
- () 3. Health worker
- () 4. Family members
- () 5. Others..... (Specify)
24. Do you experience continuous leaking of urine?
- () 1. Yes
- () 2. No
- If yes, move to question 6
- If no, move to question 11
25. How long?
-days/months/years
26. Do you experience foul smelling?
- () 1. Yes
- () 2. No
27. Do you have itching of the vulvar?
- () 1. Yes
- () 2. No
28. Have you been diagnosed by medical doctor/personnel?
- () 1. Yes
- () 2. No
29. What do you think is the cause of your fistula?
- () 1. Prolong/obstructed labor
- () 2. Delay in seeking medical care
- () 3. Delay in reaching health center
- () 4. Delay in medical care
- () 5. Female genital mutilation

30. Where did you normally deliver your baby?
- 1. At home
 - 2. Public Hospital
 - 3. Private Hospital
 - 4. Others..... (Specify)
31. Who assisted you during delivery?
- 1. Trained Traditional Birth Attendance
 - 2. Untrained Traditional Birth Attendance
 - 3. Health worker
 - 4. Others..... (Specify)
32. What is the duration of your last labor
- 1. Hours
 - 2. Days.....
33. What is the nature of the delivery?
- 1. Normal (Spontaneous/Manual handling) Tick the appropriate
 - 2. Caesarean (Alive child/dead child) Tick the appropriate
34. How many times have you attend ANC during your last pregnancy?
- 1. > 4 times
 - 2. 4 times
 - 3. 3 times
 - 4. 2 times
 - 5. Once
 - 6. None
35. How many times have you attend PNC after delivery your last child?
- 1. None
 - 2. Once
 - 3. Many times
36. Who normally take decision in seeking health care during your pregnancy & delivery?
- 1. Father/Mother in-law
 - 2. Husband
 - 3. Other relatives

() 4. Yourself

If the answer is 1, 2, 3 skip question 18

If the answer is 4 move to question 19

37. What is your role in decision making in the family?

..... (Specify)

38. After how many days from your delivery you start doing your household work?

..... (Specify)

D. Knowledge about vesico vaginal fistula:

Instruction: The following questions 1-12 are about knowledge on vesico vaginal fistula amongst women whom have vesico vaginal fistula and those who do not have vesico vaginal fistula. Tick in the column for the best answer only.

Yes means they have knowledge. No means they do not have knowledge.

If answer cannot be decided whether yes or no, choose "Don't know"

STATEMENT	YES	NO	DON'T KNOW
39. Does home delivery conducted by untrained birth attendant cause vesico vaginal fistula?			
40. Does early pregnancy cause delivery complication resulting to vesico vaginal fistula?			
41. Does staying for long period during labor cause vesico vaginal fistula?			
42. Does delay for seeking medical care cause vesico vaginal fistula?			
43. Does lack of transportation or delay for referral causes delivery complications			
44. Does woman with vesico vaginal fistula experience continuous leaking of urine?			
45. Does a woman with vesico vaginal			

fistula have painful ulceration and wetness from the vagina?			
46. Does woman with vesico vaginal fistula experience foul smelling?			
47. Does vesico vaginal fistula causes paralysis or foot drop?			
48. Do you think vesico vaginal fistula can be repaired?			
49. Can vesico vaginal fistula be prevented by avoiding early marriage?			
50. Can delivery by health worker minimize the chances of having vesico vaginal fistula?			

E. Attitude towards vesico vaginal fistula:

Instruction: The following questions 1-8 are about attitude vesico vagina fistula amongst women suffering from vesico vaginal fistula and those who do not have vesico vaginal fistula. Please tick in the column for the best answer only.

Agree means the statement is correct.

Disagree means the statement is not correct.

If answers cannot be decided whether agree or disagree, choose "Uncertain"

STATEMENT	AGREE	UNCERTAIN	DISAGREE
51. Vesico vaginal fistula is uncurable disease.			
52. Vesico vaginal fistula is an embarrassing disease.			
53. Do you feel shy to talk about vesico vaginal fistula with your husband and relatives?			
54. Do you think women with vesico vaginal fistula have faces many changes of behavior from their			

husband?			
55. Will you take your relative to the health center for treatment if they suffer from VVF			
56. Should women with vesico vaginal fistula be invited to community function?			
57.. If there is a woman with VVF, could you like to be friend with the woman?			
58. Do you think vesico vaginal fistula lowers the quality of life of women?			

F. Preventive measures towards vesico vaginal fistula:

Instruction: The following questions are about preventive measures towards vesico vaginal fistula amongst women with and without vesicovaginal fistula.

Please tick in the bracket provided (), also write in the blank space provided where necessary.

59. How did you gain information about the preventive measures of vesico vaginal fistula?

Can answer more than 1 question.

- () 1. Health center
- () 2. Family or friends
- () 3. Radio
- () 4. T.V
- () 5. Pamphlet
- () 6. Never get any information

60. Do you agree for a defined age for marriage?

- () 1. More than 18years

2. Less than 18 years

61. What do you think is the most important way in creating awareness among women in preventing VVF?

1. School education

2. Radio/TV programs

3. Awareness campaign

4. Health Education

62. What do you think can be done to prevent VVF?

1. By government.....

2. By community.....

3. Any other way.....

Thank you for participation.

APPENDIX B Focus Group Discussion Guideline**The guideline for the FGD is as follows:**

How can you describe VVF?

What do you think are the contributing factors for VVF?

What are the attitudes of community towards VVF?

Will you be able to take any preventive measures?

If no, what are your reasons for not taking any preventable measures?