

LIST OF CONTENTS

Chapter	Page
I INTRODUCTION.....	1
Rational for study.....	1
Objective of the study.....	2
Scopes of the study.....	2
Technical term definition.....	3
II LITERATURE REVIEWS	4
Cardiovascular diseases (CVDs).....	4
Risk factors for cardio vascular diseases.....	5
Previous studies of CVDs risk factors in Thais.....	20
III RESEARCH METHODOLOGY.....	23
Population and Subject.....	24
Methods.....	25
Equipment, Supplies and Reagents.....	28
Data analysis.....	29
IV RESULTS	31
V DISCUSSION AND CONCLUSIONS.....	39
Discussion	39
Limitations of this study.....	42
Further investigations.....	43
Conclusion	43

LIST OF CONTENTS (CONT.)

Chapter	Page
REFERENCES.....	44
APPENDIX.....	60
BIOGRAPHY.....	66

LIST OF TABLES

Table		Page
1	NCEP ATP III risk interpretation for lipid levels.....	8
2	Health risk classification according to BMI.....	11
3	Proposed classification of weight by BMI in adult Asians.....	12
4	The criteria for central obesity by using waist circumference.....	13
5	International Diabetes Federation criteria for ethnic or country-specific values for central obesity by using waist circumference.....	13
6	Cardiovascular disease risk classification using hs-CRP concentration by the CDC/AHA.....	17
7	Anthropometric data of all participants.....	33
8	Comparison of anthropometric data between non-central obesity and central obesity.....	34
9	The risk of CVDs and hs-CRP levels in all participants.....	35
10	The risk of CVDs and hs-CRP levels in non-central obesity and central obesity.....	35
11	Classifications and characteristics of peripheral vascular type.....	36
12	Peripheral vascular types.....	36
13	Peripheral vascular types in non-central obesity and central obesity.....	37
14	Stepwise regression analysis.....	37

LIST OF FIGURES

Figures		Page
1	The percentage of non-communicable disease death globally in 2008.....	5
2	Number of people with diabetes by IDF Region, 2013.....	7
3	Increasing number of people with diabetes by IDF Region, 2013 to 2035.....	7
4	Relationship between waist circumference and intra-abdominal adipose tissue accumulation.....	15
5	Pentamer structure of CRP.....	16
6	Atherosclerotic plaque formation.....	18
7	A, Phitsunulok province, Thailand; B, The distant from Ban Krang primary care unit to Naresuan University.....	23
8	Summary of the methods.....	25
9	Median of high sensitivity C-reactive protein (hs-CRP) in normal and abnormal peripheral vascular characteristics in non-central obesity and central obesity.....	38