

Nilobon Kaewpung 2015: The Effects of the Cognitive Behavior Modification Program to Adjust Assertive Behavior of Secondary Students in Hadjaosumran (Prommanukun) School Phetchaburi Province. Master of Arts (Educational Psychology and Guidance), Major Field: Educational Psychology and Guidance, Department of Educational Psychology and Guidance. Thesis Advisor: Assistant Professor Manasanan Hatthasak, Ph.D. 176 pages.

The purposes of this research were: 1) to study the the Effects of the Cognitive Behavior Modification Program to Adjust Assertive Behavior of Secondary Students 2) to compare the Assertive Behavior of students before and after participated in the program. This research was the quasi experimental research which selected by purposive sampling method. The population consisted 9 students of Matthayom 1 at Hadjaosumran (Prommanukun) School in the second semester, year of 2014. Population participated in the group activities for 12 sessions, 50 minutes per each session. The instruments used in this research were: 1) the Cognitive Behavior Modification Program to Adjust Assertive Behavior 2) the evaluation of assertive behavior 3) the Student's Self-Report in each session 4) the Student's Opinion Questionnaire towards the Cognitive Behavior Modification Program and the researcher. Mean, standard deviation, Non Parametric Statistics (The Wilcoxon Matches Pairs Signed Rank Test) were utilized for analyzing data.

The research results indicated that: 1) the posttest scores from evaluation of assertive behavior of the population were higher than pretest scores at .05 level of significance. 2) the population reported that participating in the enhancing Assertive Behavior program helped them to learning, understanding and recognizing the importance of having Assertive Behavior

---

Student's signature

---

Thesis Advisor's signature