### **CHAPTER IV**

### FINDINGS AND DISCUSSION

#### Inhibition of PDE5 and PDE6 by curcumin analogs

Three naturally occurring curcumins (1-3) and six synthetic analogues (6-9) were tested using the PDE5 and PDE6 inhibition assays. The highest potency on PDE5 was for 7 and 9 with IC<sub>50</sub>s of ~4 $\mu$ M. Nevertheless, compounds 7 and 9 were ~100-fold less potent than sildenafil but more effective than the naturally occurring 1-3 (Table 4). The other compounds showed IC<sub>50</sub> values that varied between 10 and 100  $\mu$ M. For PDE6, the IC<sub>50</sub>s for compounds 2, 5, 6, 7, 8 and 9 were in the range of 3-20  $\mu$ M. Only 1, 3 and 4 showed IC<sub>50</sub>s >100  $\mu$ M (Table 4).

# Table 4 The inhibitory effects of curcumin and its analogues on PDE5 and PDE6. Values are means ± S.E.M (n=3)

Compounds	Chemical structures	IC <sub>50</sub> against	
		PDE5 (µM)	PDE6 (µM)
1	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	$18.8 \pm 2.1^{a}$	113.9±20.9 <sup>b</sup>
2	МеО ОН	$50.6 \pm 3.3^{\circ}$	12.6±2.8ª
3	но	$94.4 \pm 5.2^{d}$	>500 <sup>c</sup>
4	но он он	44.5 ± 1.5°	>700 <sup>d</sup>
5	MeO HO HO OH	$30.5 \pm 5.1^{b}$	18.1±9.7 <sup>a</sup>

Compounds	Chemical structures	IC <sub>50</sub> against	
		PDE5 (µM)	PDE6 (µM)
6	MeO HO OH	$27.6 \pm 5.7^{b}$	7.6±1.8 <sup>a</sup>
7	OH O OH OH	$4.4 \pm 1.6^{a}$	4.0±2.1 <sup>a</sup>
8	HO ( N=N ) OH	$17.1 \pm 2.0^{a}$	5.1±2.0 <sup>a</sup>
9	OH O N=N OH	$3.9 \pm 0.6^{a}$	2.8±2.3ª
Sildenafil		$0.03 \pm 0.01^{e}$	ND

<sup>a-e</sup> Difference within columns (samples not connected by the same letter are statistically different at p < 0.05)

## Vasorelaxation of pulmonary artery and aorta by curcuminoids

In isolated pulmonary arteries, the natural curcuminoids (1-3) and synthetic analogs (4-9) demonstrated concentration-dependent vasodilatation (Figure 11). Sildenafil achieved a supramaximal relaxations, but limited solubility and lower potency prevented us from determining the supramaximal effect for any of the test analogues while some of maximal responses did not even achieve 50% of the maximal sildenafil response. Therefore all potencies were expressed as  $EC_{40}$ . All of the test analogues showed similar potencies (mean  $EC_{40}$  value 58-111  $\mu$ M) on intact pulmonary arteries (Table 5).



Figure 11 Time-course showing constriction of a endothelium-intact section of pulmonary artery the relaxant effect of compound 3 at 0.1 to 300 μM. PE=phenylephine, ACh=acetylcholine, K= potassium

Teble 5 Vasorelaxant actions of curcumin and its analogues in endotheliumintact and denuded pulmonary arteries. (n=5-6), p-values indicated are for differences between endothelium-intact vs endothelium-denuded. # p<0.0001 for endothelium-intact vs intact aorta

	EC <sub>40</sub> (μM)			
Compounds	pulmonary artery	pulmonary artery		
	intact	denuded	aorta- <i>inta</i> ct	
1	$109 \pm 23$	93 ± 30 ( <i>p</i> =0.82)	>300±0 <sup>#</sup>	
2	58 ± 10	>300 ±0 (p<0.0001)	>300±0 <sup>#</sup>	
3	111 ± 29	184 ± 31 ( <i>p</i> =0.14)	>300±0 <sup>#</sup>	
4	$58 \pm 20$	121 ± 20 ( <i>p</i> =0.058)	>300±0 <sup>#</sup>	
5	76 ± 24	>300 ± 0 (p<0.0001)	>300±0 <sup>#</sup>	
6	98 ± 28	147 ± 21 ( <i>p</i> =0.17)	>300±0 <sup>#</sup>	
7	59 ± 8	52±6 ( <i>p</i> =0.74)	>300±0 <sup>#</sup>	
8	59 ± 8	208 ± 17 (p<0.0001)	>300±0 <sup>#</sup>	
9	71 ± 15	>300 ± 0 (p<0.0001)	46±11	
Sildenafil	$0.042 \pm 0.009$	8.4 ± 0.8 ( <i>p</i> <0.0001)	$1.8 \pm 1.0^{3}$	

Endothelial denudation of pulmonary arteries showed smaller relaxations with compounds 2, 5, 8 and 9 (Table 5)(Figure 12b, e, h, i). Similarly, sildenafil potency was also substantially lower in endothelium denuded pulmonary arteries (Figure 12j). For the remaining compounds 1, 3, 4, 6, and 7 (Figures 1a, c, d, f, g), there was no change in potency with denudation.

In contrast, most of the test compounds produced weaker actions on aorta compared to intact pulmonary artery except compound 9 which was equally potent on both aorta and pulmonary artery (Figure 12i). Sildenafil was ~40-fold less effective on the aorta than intact pulmonary artery, i.e., only ~5-fold more potent than denuded pulmonary artery (Figure 12j). This could be a consequence of more PDE5 in pulmonary artery but we are unware of any direct comparison of PDE5 in vascular smooth muscle on different arteries.



Figure 12 Concentration-vasorelaxation plots for the nine curcumin analogues and sildenafil. Each value is mean + SEM (n=5-6).\* p< 0.05 compared relaxation of pulmonary arteries with and without endothelium, # p< 0.05 comparing endothelium intact pulmonary arteries with aortas