

Karina Megasari Winahyu 2014: Factors Influencing Quality of Life among Family Caregivers of Patients with Schizophrenia in Indonesia. Master of Nursing Science (Family and Community Health Nursing), Major Field: Family and Community Health Nursing, Boromarajonani College of Nursing Nopparat Vajira. Thesis Advisor: Miss Monthana Hemchayat, R.N., Ph.D. 159 pages.

Providing prolonged care for patients with schizophrenia could be burdensome for the family caregivers, in turn affected their quality of life. The purpose of the study was to determine factors influencing quality of life (QoL) among family caregivers of patients with schizophrenia in Indonesia. The study was focused on quality of life consisted seven dimensions of the QoL. The model of three sets factors affected the QoL of caregivers of family members with mental illness was used to guide the study. The study was cross-sectional research design involving 137 family caregivers of patients with schizophrenia by using a purposive sampling technique to recruit the participants in the outpatient department of mental hospital, Jakarta, Indonesia. A standard multiple regression analysis was employed to estimate the effects of explanatory variables on the QoL.

The main results showed that the model explained 54.4 % of the variance in the QoL. The strongest factor influencing the QoL was perceived social support, followed by caregiver burden, and employment status. The results of this study suggest that maintaining low caregiver burden, encouraging the caregivers to obtain high social support, and prioritizing the employed caregivers need to be considered for improving the QoL of family caregivers.

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