

Abstract

This study aimed to develop a clinical nursing practice guideline (CNPG) for Empowerment Model for Mother of Premature – Infant. Eight Steps of IOWA Model of Evidence – based practice to promote quality care were used as a framework of this study. The conducted processes are as followings: 1) Identifying the problem by studying nursing phenomena based on practice and literature review, 2) Assessing the organization's needs, 3) Searching all relevant research studies and related evidences from 24 institutes' research databases, OVID, SCIENCE DIRECT, CINAHL, PUBMED, and Cochrance.org. Seven research studies were selected by possibilities in utilization and their merits. Three of which were randomized control trial studies and the rest were quasi-experimental researches. The process of empowerment based on Gibson's empowerment model which composed of four steps: discovering reality, reflecting critically, taking charge, and holding on was introduced. 4) Developing the protocol and handout, 5) Checking content validation with four experts regarding correct language, time duration and some activities, 6) Piloting the CNPG with two mothers of premature – infant admitted in NICU at Chulalongkhon Hospital from March to April.2007. The finding was that after using CNPG, the scores of empowerment and childbearing behavior of mother were higher than before. 7) Evaluating the CNPG and revising the protocol and handout by involvement of NICU staff nurses, and the last process was distribution of knowledge to other units by initiating the project for implication of the CNPG in NICU and writing for publication.

The result of this study was mainly on the CNPG for empowerment model for mother of premature – infant in order to enhance the generalization of this CNPG, increase target population and conduct research further.