ABSTRACT

The objective of this study was to develop a clinical nursing practice guideline for Dietary Control in Diabetic patient by modifying a research utilization model of the Evidence – Based Practice Model (Stetler,1994). Relevant researches and empirical evidences were obtained from several well–known databases. Six relevant researches and empirical evidences were categorized and synthesized for developing of clinical nursing practice guideline for Dietary Control in Diabetic patient. Content validity of clinical guideline was obtained by three experts.

This clinical practice guideline was tested with two Diabetic patient at an outpatient clinic in a community hospital. The findings revealed that the patients improved their knowledge and behavior. Recommendation for further study, nurse should train before implementing the clinical nursing practice guideline.

An Large simple size and continuing quality Implemented of the clinical nursing practice guideline are need for Reliability and the quality of the guideline. Furthermore, these will improve the quality of life among patient with diabetic.