

## Abstract

The study of “Effect of Self-Efficacy and Goal Setting on Performance of Jean Factory’s Employee” is an experimental research project. The objective is to study the effect and interaction between Self-Efficacy and Goal Setting that effect on Performance.

The subjects were 32 employees in Jean Factory. Research instruments were questionnaire and a blank form for recording employee’s performance. Data analysis was computed by SPSS for Windows Program and the statistical methods employed in this study were frequency, mean, percentage, standard deviation, t-test and Two-way analysis of variance.

The results were revealed that there was no interaction between Self-Efficacy and Goal setting. However, Self-Efficacy level effected different employee’s performance significantly. And goal also effected different employee’s performance significantly.

As a result, it could be concluded that higher self-efficacy effected highly performance. And goal also effected highly performance too. In addition, positive feedback is the good type of feedback that will be able to motivate highly performance.